

The University of Utah **College of Social Work** Presents

Men's Mental Health Matters

Part of the Grand Challenges for Social Work Lecture Series

Wednesday, September 27, 2023

12:00 pm - 2:00 pm (MST)

Online via Zoom

Register in advance to receive the Zoom link

Over the last decade, middle-aged men have demonstrated significant increases in suicide behavior. Research shows this group is less likely to seek and utilize supportive mental health services for a variety of reasons that are often grounded in stigma and stereotypes.

This event will begin with an examination of the mental health challenges specific to men. Next, attendees will learn about one surprising way that men are being engaged in supportive mental health conversations, then, how creative thinking is helping to improve help-seeking behaviors. An engaging panel discussion with audience Q&A will follow.



*Derek Iwamoto, Associate Professor
University of Maryland Dept of Psychology*



*Lorenzo Lewis, Social Entrepreneur & Founder
The Confess Project of America*



*Jodi Jacobson Frey, Assoc Dean for Research
University of Maryland School of Social Work*



*Philip Osteen, Dean
University of Utah College of Social Work*

Free and open to the public

Registration required: socialwork.utah.edu/events



2 Free NASW-endorsed CEUs (anticipated)

Please direct questions to: danielle.thomsen@utah.edu